

2020-2021 ORIENTATION

Epping Elementary Preschool



Please make sure you have registered your student. Parents must register students for school annually on the district website This must be completed prior to your child starting the school year. Please contact Karen Mongeon: kmongeon@eppingsd.org for directions on how to register your student.

Copies of birth certificates, updated physicals/immunization forms, & proof of residency must be handed into Karen Mongeon before your child can start school.

If your child is a returning student, then the school already has a copy of your child's birth certificate. All other information will need to be updated online.



MEET OUR NEW PRINCIPAL, MS. HEATHER CANTAGALLO AND OUR ASSISTANT PRINCIPAL, MR. BILL HINKLE!

[WELCOME VIDEO - CLICK HERE](#)



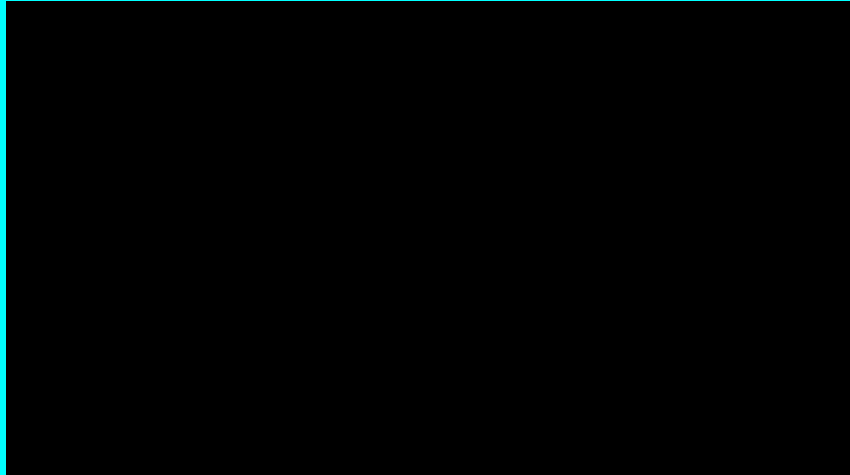
contact information:

heather.cantagallo@eppingsd.org

bill.hinkle@eppingsd.org

679-8018

MEET OUR DIRECTOR OF SPECIAL SERVICES, MRS. CATHY ZYLINSKI & MR. TIM SMITH, ASSISTANT



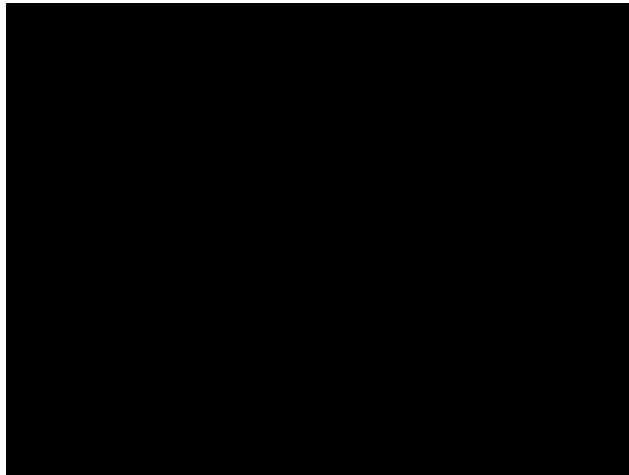
contact information:

czylinski@eppingsd.org

timothy.smith@eppingsd.org

679-8003 ext 7103

MEET ONE OF OUR SCHOOL COUNSELORS, MRS. MARIANNE MCDONOUGH



Contact information:
mmcdonough@eppingsd.org
679-8003



OUR TEACHERS

Katie Buchanan

Katie has worked for the Epping School District for 16 years. She is a graduate of Plymouth State University. She is certified in Early Childhood Education, Special Education K-12, and Early Childhood Special Education.

Katie enjoys spending time with her family. She has three daughters that keep her busy when she is not in school. When she has down time she loves to read!



Rachel Carr

Rachel has worked for the Epping School District for 14 years. She is a graduate of Plymouth State University. She is certified in Early Childhood Education & Early Childhood Special Education.

Rachel lives in Raymond with her family. She has a son and a daughter. Rachel loves to build and fix things in her free time!

OUR STAFF

We have four amazing paraprofessionals that work hard in our classrooms. They help prep materials and work directly with students. This year we are very fortunate to have:



[Judy Cogger](#)-She has been with the preschool for seven years. Judy enjoys sewing and crafts and spending time with family and friends.

[Jeannette Leahy](#) -This will be her second year working at the preschool. She comes with lots of experience in education. She loves spending time with her grandchildren.

[Katelin Dedeo](#)- This will be her second her at the preschool and she is working towards her education degree. She enjoys spending time with her boyfriend and puppy.

[Cheyenne Cabral](#)-Has been with the preschool for two years and is working on her education degree. She loves spending time with her family and traveling with her husband.

OUR SPECIALISTS

Heather Vivienzio, PT Heather comes to us from Exeter Pedi Rehab. She started last spring and will be contracted with us this school year.



Danielle Rowe Donahue, SLP Danielle has worked for the Epping School District for 16 years. She is a graduate of Purdue University and Boston University. Danielle loves playing preschool games to engage learners. She is a big fan of stickers too. She is Mom to two teen boys. In her free time, Danielle loves to craft, cook, and hang out with her family



Lindsay St. Cyr, OT Lindsay is a graduate of the University of New Hampshire previously worked in a pediatric outpatient setting, where she provided services in a clinic, as well as in multiple private preschool settings. In her free time she enjoys spending time with family and friends, reading, and adventuring outdoors.

MASKS

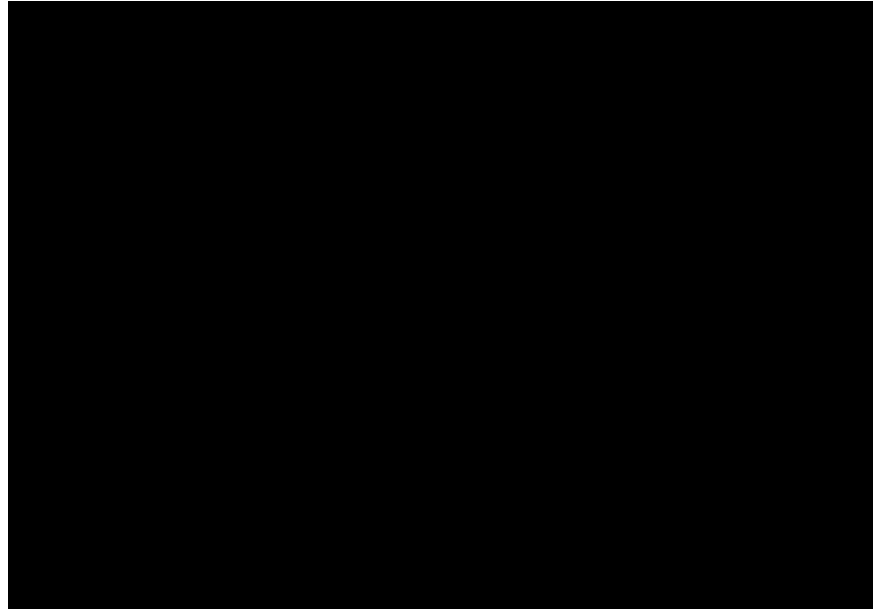
Children should be sent to school with a clean face mask. Please make sure masks are washed /changed daily. We will provide breaks from mask usage during snack time, literacy instruction, and outside play. We will provide support and education to students about proper mask usage. We understand that this is new to them, and we will help them with this adjustment. We will work towards the goal of everyone wearing a mask at school.

Teachers will wear masks and/or face shields/protective eyewear, and gloves when interacting closely with children. When instruction dictates the need to clearly see our face such as during literacy lessons or speech therapy, we will use clear masks and/ or face shields.

Due to the size of our classrooms, it is unlikely that children will be regularly spaced 3 ft apart from each other.



MEET OUR SCHOOL NURSE, MRS. MEGHAN YOUNG



Contact information:

myoung@eppingsd.org

603-679-8018.



HEALTH



Staff will have daily temperature checks prior to starting the day and will answer COVID-19 screening questions.

Students with temps greater than 100f and/or any potential symptoms of COVID-19 will be isolated from the other students with a teacher until a parent or guardian can pick up. Please refer to the school policy on returning to school. This information can also be found at www.eppingsd.org under COVID updates/ reopening plan.

Please keep your child home if he or she is demonstrating any signs or symptoms of Covid-19.

SAFETY PROCEDURES



- Staff have removed many of the shared items from classrooms. We will provide individual caddies for glue sticks, scissors, crayons and play doh. This will help with limiting the amount of hands that touch materials we use so regularly.
- Toys will be rotated and disinfected after use. Soft materials that are not easily disinfected will be removed from classrooms.
- Teachers will regularly disinfect tables and work areas during the preschool session. We will incorporate even more hand washing and sanitizing routines during our daily practices.
- Preschool classrooms and restrooms will be fully cleaned and disinfected in between and at the end of sessions.
- We will keep classroom windows open or air conditioners in use for increased fresh air as it is appropriate for the weather. We will also spend lots of time outside playing as weather conditions permit.

WHAT TO BRING TO SCHOOL

All students should have a backpack with an extra change of clothes and pull-ups/wipes if they need them. Extra clothes or pull ups/ wipes may be labeled and kept at school. Please keep clothes in a sealed ziploc bag. You do not need to send in any school supplies.

Please send a healthy snack and drink each day. Water bottles are welcome. Please limit snacks, as snack time is brief. (We want time to play!) **We are a peanut free program. All snacks must come in labeled with ingredients. Snacks cannot be manufactured in a facility that processes peanuts.**

Please apply sun/bug spray as needed at home. Hats and sunglasses are recommended on sunny days.

Proper footwear (sneakers) is required for playground time.

ALL BELONGINGS MUST BE LABELED WITH YOUR CHILD'S NAME!



PEANUT FREE SNACK IDEAS

Fresh fruit or fruit cups

Cut up veggies with dip

Cheese sticks

Yogurt

Squeezable fruits/apple sauce

Crackers and cheese

Hummus

Pudding

Dried fruit



More ideas can be found at:

<http://snacksafely.com/snacklist.pdf>

SNACK PROGRAM



A monthly calendar will be sent home with a menu of our snack options. Menus must be filled out a month in advance since the food is prepared off site and delivered to the preschool each morning. Snacks cost \$1.25 per day. Please send in the menu with choices circled and a check each month.

Please complete the free and reduced lunch paperwork to determine your eligibility for free or reduced snack. A copy will be sent home in your child's Eagle Folder. If you have any questions please contact the district food service director, Veronica Bush vbush@eppingsd.org

<https://www.sau14.org/food-services/free-reduced-lunch>

Snacks consist of a milk, protein, fruit, vegetable and carbohydrate. They are peanut free.

SEPTEMBER SNACK MENU

PEPPING PRESCHOOL SEPTEMBER 2020 MENU

NAME: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SEPTEMBER 7 NO SCHOOL LABOR DAY	SEPTEMBER 8 NO SCHOOL TOWN VOTING	SEPTEMBER 9 SUNBUTTER & JELLY	SEPTEMBER 10 PIZZA FUN MEAL
SEPTEMBER 14 TERIYAKI DIPPERS/ ROLL	SEPTEMBER 15 HAM & CHEESE SANDWICH	SEPTEMBER 16 BAGEL/ SUNBUTTER	SEPTEMBER 17 PIZZA STICKS
SEPTEMBER 21 CEREAL & CHEESE	SEPTEMBER 22 TURKEY SANDWICH	SEPTEMBER 23 SUNBUTTER & JELLY	SEPTEMBER 24 MINI PIZZA
SEPTEMBER 28 BAGEL & SUNBUTTER	SEPTEMBER 29 TACO FUN MEAL	SEPTEMBER 30 HAM SANDWICH	OCTOBER 1 TURKEY FLATBREAD
	USDA IS AN EQUAL OPPORTUNITY PROVIDER MENU SUBJECT TO CHANGE	EACH SNACK MEAL COMES WITH FRUIT, VEGETABLE & 1% MILK SNACK- \$1.25	



DROP OFF AND PICK UP PROCEDURES



Please follow the painted lines in our driveway for drop off and pick up. All students need to stay buckled until the teacher helps students out of vehicles. Please do not pass other vehicles. Do not pass the bus when the stop sign is out.

Parents are asked to remain in their cars during drop off. We will open the door and remove your child from his or her car seat. Parents will exit their cars for pick up to secure your child in his or her car seat. Please wear a mask at this time for staff and student safety.

Please pick up your child on time. We use the time right after each session to prepare for the next session. If you are late, we can't do this. **If you have an elementary school aged child, you will need to pick up your preschooler first to remain on time due to elementary school traffic. Please let the preschool teacher know in advance so they may have your child ready.**

If you are dropping or picking up outside of our usual times, you must walk your child into school via the SAU side.

OUR DAY



Arrival Time/Table top activities
Welcome Circle
Project Time
Snack Time
Outside Time
Read Aloud
Literacy Time
Goodbye Circle
Book Time/ Dismissal

PRESCHOOL CALENDAR

The first day of preschool for the 2020-2021 year is **Wednesday September 9th**.

All preschool students start that day.

a.m. preschool 8:30-11

p.m. preschool 12:30-3

We follow the Epping school district academic calendar. You can access the calendar at www.sau14.org



WHAT SHOULD I DO IF MY CHILD IS UPSET THE FIRST DAY/ WEEK ?

Follow your scheduled plan.

Reassure your child that you will always return to pick them up.

Provide a hug and kiss and a quick goodbye.



Know that the teachers will call you if your child is not able to be comforted or participate in our day.

We are not surprised if your child cries or is upset. This is normal and to be expected.

SCHOOL CLOSURES AND DELAYS



In case of school closure or delay, you will receive a robocall. You can also check on WMUR and / or the school website www.sau14.org for closure information.



If there is a two hour delay, there will be **NO** morning preschool.

The Epping School District & Epping Elementary school have Facebook and Instagram pages your can follow for more information.

TRANSPORTATION

Please contact Tim Smith at 679-8003 EXT. 7103 with any transportation concerns.



REPORTING AN ABSENCE

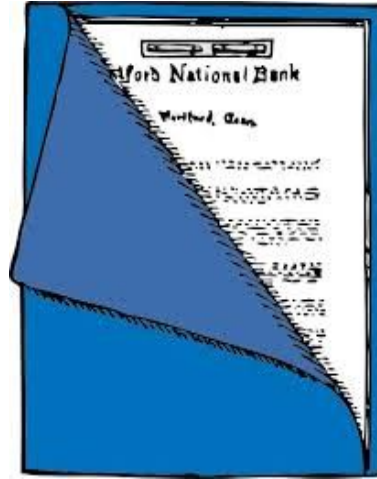
Please call Tim Smith at 679-8003 ext 7103 to report your child's absence. If your child also receives transportation, please contact SLC at: 679-2021



EAGLE FOLDER

Your child will have an Eagle folder that will travel back and forth from home and school. Please check this daily for important messages and cute art work.

Please send any notes to the teacher in this folder. Please notify us in writing with any transportation changes.



MONTHLY NEWSLETTER WEEKLY COOL NEWS

A preschool newsletter is sent home monthly via email. Please be sure to read the newsletter. Important information about your child's program is put into the newsletter.

Cool News (the elementary school newsletter) is emailed home weekly.



Please check your child's folder for a newsletter sign up form.

SCHOLASTIC BOOK ORDERS

The preschool class code is: **HTZBN**

We will send home the flyers (no cash please) or you can place an online order. <https://shop.scholastic.com/parent-ecommerce/parent-store.html>

Your orders earn free books for our preschool!



TUITION



**Tuition is due by the first of each month.
Tuition is \$ 140 per month
Please make checks payable to: Epping Elementary School**

WE WELCOME DONATIONS OF

envelopes / tissues / paper towels/ paper plates and bowls

hand sanitizer / baby wipes / markers / watercolor paints

play doh / glue sticks / small paint brushes / stickers

plastic spoons and forks / small disposable cups

napkins / juice boxes / small water bottles

glitter / bubbles / peanut free snacks / freeze pops

cotton balls / sidewalk chalk / shaving cream / wrapping

paper





HOW TO CONTACT STAFF

The best method of communication is via email, since we are usually in the classroom.

If you need to reach us in an emergency, please call Tim Smith at 679-8003 X7103

Katie Buchanan

kbuchanan@eppingsd.org

Rachel Carr

rcarr@eppingsd.org

Danielle Donahue

ddonahue@eppingsd.org

Heather Vivienzio

heather.vivienzio@eppingsd.org

Lindsay St. Cyr

lindsay.stcyr@eppingsd.org